

Date: \_\_\_\_\_

Parent's Name: \_\_\_\_\_

Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_  
Cell Phone: \_\_\_\_\_

Child's Name: \_\_\_\_\_

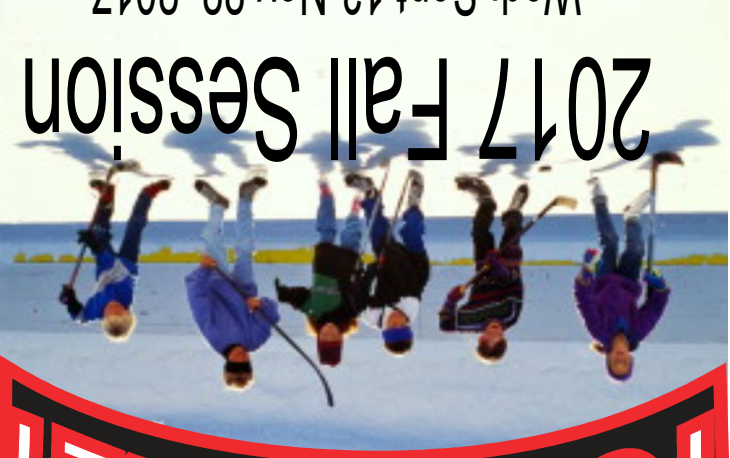
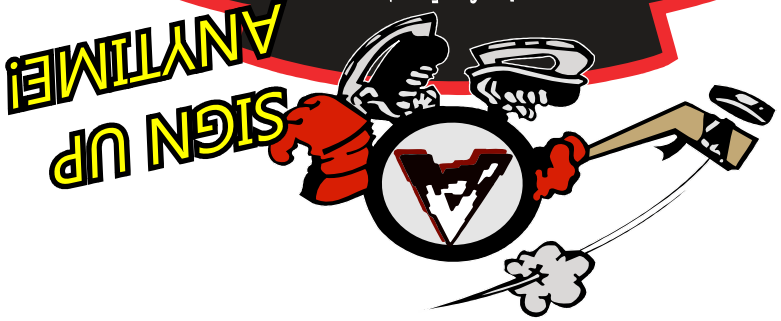
Date of Birth: \_\_\_\_\_

Day of the Class: \_\_\_\_\_

Cost of the Class: \_\_\_\_\_

Payment: Cash \$ \_\_\_\_\_  
Check Number: \_\_\_\_\_

\_\_\_\_\_



# 2017 Fall Session

Wed: Sept 13-Nov 22, 2017

Sat: Sept 16-Nov 25, 2017

Sun: Sept 17-Nov 26, 2017

**\*\*NO CLASS 10/4, 10/7, 10/8, 11/1, 11/4, 11/5, 11/15, 11/18, 11/19\*\***

(Classes may be subject to change without notice)

**Now Taking Beginner Skaters With No Prior Experience!**

For more information

Contact Chris Cimoch

at 708-403-4231 x138



Arctic Ice Arena

10700 West 160th Street

Orland Park, IL 60467

# Description

## Arctic Icemen "Tot Hockey" Classes

Instruction starts at the very beginning helping to build the child's confidence and teaches the student the basic skating skills of: balance, one- and two-foot glides, forward swizzles, forward pushing, backwards wiggles and swizzles, two-foot turns, walking sideways and two-foot snow plow stops.

The students then continues on to forward strides, forward crossovers, one-foot snow plow stops, and backward c-cuts. The basics of puck control, passing, and receiving will also be introduced. Each class will be divided by the player's skill.

### Equipment Requirements:

USA Hockey-approved helmet with face mask, hockey stick, protective hockey gloves, elbow pads, knee/shin guards, hockey skates, shoulder pads, hockey pants, athletic cup.

Each class meets 30 minutes per week.

The sessions last 8 weeks and the cost of the class is \$70



## Class Schedule: TOT HOCKEY 8 WEEKS

### \*WEDNESDAY\*

CLASS AVAILABLE AT:

5:30pm

Classes Run From

Sept 13 - Nov 22, 2017

### \*SATURDAY\*

CLASS AVAILABLE AT:

10:30am

Classes Run From

Sept 16 - Nov 25, 2017

### \*SUNDAY\*

CLASS AVAILABLE AT:

10:30am

Classes Run From

Sept 17- Nov 26, 2016

**\*\*NO CLASS 10/4,10/7,10/8,11/1,11/4,11/5,11/15,11/18,11/19\*\***



For more information call  
Chris Cimoch at 708.403.4231 x138